

# LET'S TALK ADHD

Phillips Fundamental Learning Center



Join our **Let's Talk ADHD free lecture** with **Dr. Janelle Tidemann PhD., LCP**  
Independent School Psychologist for Phillips Fundamental Learning Center

Tuesday, October 21 at 5:30 p.m. CDT

**Register now: [tdugger@funlearn.org](mailto:tdugger@funlearn.org)**

If we could only harness that energy! Are you wondering or confused by the term ADHD? This trait can be frustrating for parents, teachers, and the child diagnosed with ADHD.

How do we help a child learn to self-regulate and keep the spark of his/her personality?

Come, listen to information, ask questions, and discover how to manage this trait and help your child navigate the ups and downs of ADHD.

Discover the three types of ADHD! Learn about how ADHD impacts your child at home and school. Learn ways to help manage your child's ADHD. Discover the strengths of having ADHD.



**Dr. Janelle Tidemann PhD., LCP** specializes in testing children and adults for learning disorders to include dyslexia, dysgraphia, dyscalculia, and nonverbal learning disorder. She also specializes in testing for attention disorders and other neurodevelopmental and neurocognitive disorders. She can also evaluate for ACT or SAT accommodations so that they can perform to the best of their ability. She has a doctorate in Psychology and Post-Doctorate in Clinical Neuropsychology.

**Phillips  
Fundamental  
Learning  
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Specialists  
in bringing dyslexia  
to light.